



Grow More, Grow Better



Growing Well are running a series of seven workshops held during the quieter months aimed at introducing you to a range of horticultural subjects that will give you the confidence, skills and knowledge to grow more successfully and productively, whether in your fruit, vegetable or flower garden.

1. Growing Soft Fruit – Monday 7th November 2016, 9.30am -12.30pm

Find out how easy it is to grow a range of common soft fruit in your garden or allotment so you can be harvesting and eating from your bushes throughout the season. Discussion based workshop with a look at the Growing Well fruit on site.

2. Greenhouses and Polytunnels – Monday 12th December 2016, 9.30am – 12.30pm

Discussion based work shop to show the benefits of having a greenhouse or polytunnel. Where to site it, how to maintain it and what and how to grow a range of crops to make the most of it! Be amazed at the still productive Growing Well polytunnels.

3. Planning your vegetable garden – Monday 9th January 2017, 9.30am – 12.30pm

Learn how to plan for All Year Round vegetable production ensuring that you use your precious growing space productively for the whole year not just the summer. Session will include crop rotation, use of green manures and perennial vegetable crops.

4. Principles of Pruning – Monday 13th February 2017, 9.30am – 12.30pm

Discussion based workshop aiming to take the fear and mystery out of pruning, whether it be ornamental shrubs or a range of fruit bushes. There may be the opportunity to have a go at pruning some of the Growing Well fruit trees and bushes.

5. Apples - Monday 13th March 2017, 9.30am – 12.30pm

Find out all about growing apples in all their variety and forms. Have a go at grafting your own tree to take home. Mix of hands-on practical and discussion based workshop that will cover – propagation of apples, on-going maintenance, training and pruning.



6. More Vegetative Propagation - Monday 10th April 2017, 9.30am – 12.30pm

Discussion and hands on practical based session taking the mystery out of more vegetative propagation techniques. Will cover principles and practical of various types of layering and more cuttings.

7. Gardening with Wildlife – Monday 15th May 2017 9.30am – 12.30pm

Discussion based workshop looking at how to encourage wildlife into your garden and all those beneficial bugs and animals that can help with pollination and pest control. To include companion planting and creating wildflower areas.

Tutors

Workshops will be delivered by Hazel Sharples, our Training Coordinator and Sarah McCormack, the Head Gardener at Ford Park, Ulverston who are both qualified teachers and highly experienced in horticulture. Full of enthusiasm, knowledge and practical skills, which they are keen to pass on to you in a friendly and approachable way.

Venue

Courses will be based in our Training yurt on the Growing Well site which is at Low Sizergh Barn. Free parking is available in the Farm Shop car park. Growing Well site is accessed via a 150m gravel path from the car park, along the Farm trail.

What you need to bring

Please wear sturdy shoes or walking boots and appropriate clothing for the weather conditions. Bear in mind that most workshops will have a practical element to them where we may be working outdoors.

The yurt classroom can get very warm with the wood burner on, so several thin layers are preferable to one thick one.

You may wish to bring a notebook and pen, and your glasses if you need them.

Tea and coffee is available at a small cost.

Course cost

7 workshops - Full fee £71.40, Concessions £35.70

If you don't wish to attend the whole series you can book on to any of the course individually.

Each workshop – Full fee £10.20, Concessions £5.10. Full payment is required prior to the course starting.

Course and booking enquiries

Please email hazel@growingwell.co.uk or phone 015395 61777.

Growing Well is an organic vegetable growing social enterprise that delivers a range of horticultural courses, runs a crop share scheme for local people and works with people recovering from mental health problems.

